

糞便常規及潛血化學法檢查採檢注意事項

Precautions for Fecal Routine and Occult Blood Chemical Examination Collection

1. 檢查前 2 天禁食含血肉類（如豬肝、豬血）、鐵劑、飲酒、服用 Aspirin、Vitamin C 及蘿蔔等。
Refrain from consuming foods containing blood meat (such as pork liver, pork blood), iron supplements, alcohol, aspirin, vitamin C, and radishes for 2 days before the examination.
2. 遇痔瘡出血或女性月經期間，暫停採檢。
Suspend the collection during hemorrhoids bleeding or female menstrual period.
3. 收集糞便時請解在乾淨的紙上，取約一節指節的檢體量。
When collecting fecal samples, please place them on clean paper and collect approximately the size of one section of a finger.
4. 注意糞便不能被尿液或其他的水源（如馬桶水）污染。
Please avoid contamination of fecal samples with urine or other water sources (such as toilet water).
5. 糞便檢體不能用衛生紙包裹，紙纖維會造成干擾。
Do not wrap the fecal sample with toilet paper as the paper fibers may cause interference.
6. 採檢完室溫 1 小時內送檢，若無法立即送檢，可冷藏 2-8°C 保存 24 小時內送檢。
After specimen collection, deliver to the laboratory within 1 hour at room temperature. If immediate delivery is not possible, store at 4°C and submit for testing within 24 hours.
7. 病患使用鋇灌腸劑或口服鋇劑後，72 小時內不可收集檢體。
Patients who have used barium enema or oral barium should not collect fecal samples within 72 hours.
8. 水便或稀便請使用乾淨容器承接，再使用塑膠湯匙或滴管取 1~2 mL 加入採檢管中，並盡快送檢。
Collect watery stool with clean container, and use plastic spoon or dropper to transfer 1~2mL sample into the sterile jar. Deliver it to the laboratory as soon as possible.